



# A PATH TO PRAYER

God's Word offers lots of insights about how to pray.

*Directions: Use the code to fill in the blanks and complete a Bible passage about prayer.*



R G S Z M P N B T L W  
 V E V I B G R N V R  
 I V N V N Y V I B L F  
 R M Z O O N B  
 K I Z B V I H U L I Z O O  
 L U B L F , R Z O D Z B H  
 K I Z B D R G S Q L B  
 K S R O R K K R Z M H

1:3-4, NIV

Answer: I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy. Philippians 1:3-4, NIV

@ChurchArt Online

## PARISH NEWS & EVENTS



We would like to wish everyone with a birthday or a wedding anniversary in the month of **AUGUST** a day filled with goodness, and may you be reminded of God's love and mercy today and all the days of your life.

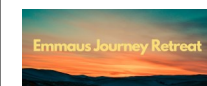
May you be blessed with good health and happiness in the coming year.

**Happy Birthday!**  
**Happy Anniversary!**



### Good Grief!!! Support Group Meeting

The next meeting of the *Good Grief!!! Support Group* at Good Shepherd will be on **Monday, August 7, 2023 at 5:00pm**. If you would like more information, please contact Deacon Stan at: [DEACONSTAN4@gmail.com](mailto:DEACONSTAN4@gmail.com)



### Emmaus Journey: A Retreat Serving the Spiritual Needs of Grieving Parents

**Saturday, August 12, 2023**

**Our Lady of Mount Carmel Church**

To meet the spiritual needs of parents whose children of *any* age have died by *any* cause, no matter how long ago, the Diocese of Richmond now offers the Emmaus Journey. The Emmaus Journey is a faith-based, day-long, spiritual retreat for grieving parents led by a team that includes grieving parents, spiritual directors, clergy, and parish leaders. The Emmaus Journey offers a safe place to seek peace, comfort, and hope.

If you would like to speak with someone about the retreat, contact Christa at 757-595-0385 x107 or email [cbloomstrom@olmc.org](mailto:cbloomstrom@olmc.org)

To register visit: <https://evangelizerichmond.org/family/emmaus-journey/>

### Reflections of Mary as the New Eve

St. Clare of Assisi Retreat Center  
Hampton, VA

**Saturday, August 12, 2023**

**10:00 AM—3:00 PM**

*In anticipation of the Solemnity of the Assumption of Mary into Heaven, Barbara Hughes, author and columnist, will offer insights on Mary's role as Mother of all God's children.*

Expanding on her book, *Mary the Perfect Contemplative*, Barbara Hughes will explore the Biblical significance of gender identification. To register for the retreat or to request more information, contact the Retreat Center 757-876-1021 or email: [philippians2foundation@gmail.com](mailto:philippians2foundation@gmail.com). Suggested donation of \$25.00 per person.



## FAITH FORMATION

### CATECHISTS NEEDED

Are you searching for a way to increase your faith? Are you looking for a path to sainthood by performing a spiritual act of mercy each week? Are you eager to learn and great with patience? If this describes you, then you are being called to be a catechist! Our parish K-8 primary grade children are in need of those who would willingly devote just an hour of your Sunday to discovering what it is we love about God. Are you willing to participate in God's plan for you?



Contact Lara Detrich at [formation@cgsparish.org](mailto:formation@cgsparish.org) for more information.

### Faith Formation / Eucharistic Revival

#### Want to Learn More about Eucharistic Miracles?

Come, have a transformational experience, and see the importance, centrality, and literal awe and wonder of Eucharistic miracles as historical testimony to the power of God's real presence in the sacrament. Renew your devotion to the Eucharist and realize the incredible truth and key importance of His physical presence as a profound foundation for your faith. The short video and discussions take place **after Mass on August 19, 20 & 22**. Sign-ups will be in the Commons.

Let's pray for the inner conversion of those who doubt the real presence of Christ in the Eucharist that they too may one day soon say like the doubting St. Thomas: "My Lord and My God".



### This is My Body



The Eucharist is the Body, Blood, Soul, and Divinity of our Lord, Jesus Christ. Take time to learn more about the center of our Catholic faith by reading *This is My Body, A Call to Eucharistic Revival* by Bishop Robert Barron. Copies are still available in the Commons are yours to take with or without a donation.

**Book discussions will take place on Tuesday, September 12, 19 & 26 at 12:30 pm and 7 pm.**



### Food Pantry Needs for the Week of August 6 MAC-N-CHEESE

If you are new to our parish, you can find the registration form on our website [www.cgsparish.org](http://www.cgsparish.org) or contact the parish office.





# The Roman Catholic Church of the Good Shepherd

300 Smithfield Boulevard, Smithfield, Virginia 23430

Website: [www.cgsparish.org](http://www.cgsparish.org) E-mail: [admin@cgsparish.org](mailto:admin@cgsparish.org)

Father Tony's Email: [pastor@cgsparish.org](mailto:pastor@cgsparish.org)

Office: (757) 365-0579 Fax: (757) 365-0994 Rectory: (757) 542-3879

Summer Office Hours: Monday & Wednesday 10 AM to 4 PM,

Tuesday & Thursday 9 AM to 3:30 PM, Friday—CLOSED

Mass Times: Saturday—5PM & Sunday—9AM

Weekday Mass Times: Tuesday—Friday at Noon

Adoration is on the 1st & 3rd Friday of each month.

## Staff

**Pastor** - Fr. Tony Yllana, [pastor@cgsparish.org](mailto:pastor@cgsparish.org)

**Admin Assistant** - Vicki Dobbins, [admin@cgsparish.org](mailto:admin@cgsparish.org)

**Religious Education** - Lara Detrich, [formation@cgsparish.org](mailto:formation@cgsparish.org)

**Music Director** - Katarina Hackney, [music@cgsparish.org](mailto:music@cgsparish.org)

**Youth Ministry** – Scott Watterson, [youthministry@cgsparish.org](mailto:youthministry@cgsparish.org)

## Ministries

**Ministry to the Sick** - Deacon Stanley Stefanowicz

**Pastoral Council** - Joe Campo

**Finance Council** - Dan Falbe

**Money Counters** - Margaret Hickman

**Building** - Hart Smith and Tom Quick

**Grounds** - Tom Quick

**Liturgical Ministries Head** - Mark Lieberman

**Altar Servers** - Lisa & Aine Lewandowski

**Children's Liturgy** – Kathleen Day

**Eucharistic Min (Sat)** - Joan Nagy

**Eucharistic Min (Sun)** - Mark Lieberman

**Funeral Mass Coordinator**—Joan Nagy

**Lectors** - Michelle Romanello

**Sacristan** - Hart Smith

**Ushers** - Steve Reznick

**Knights of Columbus** - Shawn Huffaker, [gk17335@vakofc.org](mailto:gk17335@vakofc.org)

**Ladies' Guild** - Margaret Hickman

**Men's Club** - Bill Knapp, [billknapp1985@yahoo.com](mailto:billknapp1985@yahoo.com)

**Parish Community Life** - Debbi Gatti and Pearl Stokes

**Justice & Peace** - Mary Ellen Bebermeyer

**Haiti Committee & E-Bulletin Board** - Dave Maltby

**Divine Mercy Cenacle** - Dara Murphy

**Special Needs Ministry** - Sue Ellebracht

\*If you are interested in any Ministries, please contact the parish office.

## Mission Statement

*We, as diverse members of the Body of Christ, come together to serve God, the Catholic Church, and our community. We celebrate God in the Eucharist and the word, as we help each other in the growth of our faith, share our gifts and welcome everyone.*

## Vision Statement

*To know and love God and grow in the Kingdom Of God together.*

**Inclement Weather** - Fr. Tony plans to be at church to celebrate Mass. However, you are not obligated to come if travel is unsafe for you.

**Parish Registration and Changes** – Registration forms are available on the Church website. You may notify the office if you wish to register with, or be removed from the parish records, or if you have a change of address, telephone number, or email.

**Baptisms** – A preparation class for parents is required. Contact Lara Detrich at the church office to register.

**Funerals** – Contact the office if you would like to schedule a Funeral Service. The date and time must be approved by the priest.

**Marriage** – Registered parishioners must contact the parish at least 6 months prior to the intended date.

**Reconciliation** – Before Saturday Vigil Mass or by appointment.

**Visitation of the Sick** – Please call the office to arrange for communion, anointing of the sick, or when someone is ill or hospitalized.



August 6, 2023

Written by  
THE  
FAITHFUL  
DISCIPLE

## Feast of the Transfiguration of the Lord

Dn 7:9-10, 13-14 | 2 Pt 1:16-19 | Mt 17:1-9

### GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

According to the dictionary definition, to be transfigured is to “transform into something more beautiful or elevated.” This is what we see happening in Matthew’s Gospel today: Jesus takes his closest disciples up the mountain and there he is transformed – he is *transfigured* – before them: “His face shone like the sun and his clothes became white as light.” He is also joined by Moses and Elijah as a sign that he is the fulfillment of God’s promises of old. Jesus completes the old covenant that God made with his people and brings us the new covenant of salvation. The Transfiguration parallels the Baptism of the Lord in that we once again hear God speaking from the heavens to say, “This is my beloved Son, with whom I am well pleased.” But during the Transfiguration, God adds the words, “Listen to him.” That’s a command not just for his disciples there on the mountain but for us today as well.

### GO EVANGELIZE

#### PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

In elementary school, we were often reminded to listen. I remember one teacher who made a point to impress upon our class that listening is different from hearing. It is easy to hear, but to listen, you need to take the time to understand what is being said. In his letter today, Peter is urging us to listen to the prophetic message of Jesus. He says, “You will do well to be attentive to it” and then compares doing so to being “a lamp shining in a dark place.” The world today can be a very dark place, but we don’t have to be content to live in the shadows. By following Jesus’ example and commands, we can bring light – along with hope and joy – to our corner of the world. Sometimes that takes courage, though. It might involve making uncomfortable or unpopular choices, but Peter promises that the “day will dawn.” When that happens, we will undoubtedly see the fruits of our good works in our efforts to build God’s kingdom.

**PRAY** This week, let us pray in both words and actions as Jesus taught us. If the Lord’s Prayer is not already part of your daily prayer routine, try incorporating it this week. Then, look for ways to follow in the footsteps of Jesus by reaching out to someone who may appreciate a phone call or a visit.



**LITURGY AND MINISTRY**

**Today's Readings:**

On the mountaintop we hear two direct commands: *Listen to him* and *Do not be afraid*. Think of what we might be afraid of. Maybe following Jesus will change us. Perhaps God's call will mean facing things that are unpleasant. We may even be afraid that decisions made on the mountaintop with Christ will be hard to live out in normal life. Listen to the Lord, and fear not – trust in the power of God.

**Gospel Focus:**

The Father instructs us to *listen*, and the Son encourages us, *do not be afraid*.



*"Encounter the Joy of the Gospel and Set the World Ablaze"*

**EVANGELIZED PEOPLE...**

Seek, nurture, and enjoy the company of other Christians.

**FATHER'S CHALLENGE OF THE WEEK**

**Adults:** To whom could you bring the assurance of Christ's love this week?

**Children:** Do you remember a time when you felt better because someone acted with love?

**PRAYER AND VOCATIONS**

**Pope Francis' Prayer Intentions for the Month of August**



**Evangelization: For World Youth Day**

We pray the World Youth Day in Lisbon will help young people to live and witness the Gospel in their own lives.

**Pope Tweets:**

"Let us never abandon the elderly. Their presence in our families and communities is precious, for they remind us that we share the same heritage and are a part of a people committed to preserving our roots."

**Please Remember in Prayer:**

Barbara & Jim Bonney, Gene Chappell, Leila Chevalier, Justin Evans, Ellen Gauthier, Leslie Lunger, Christopher Morris, Dara Murphy, Shirley Mutter, Betty Nagy, Elizabeth Perry, Alice Reece, Jean Wechsler, Thomas Wunder and Brandon Zakaras

**Today's Reflection**

**Prayer for the Transfiguration of the Lord**

My Transfigured Lord,  
You promise suffering and death to all who follow You, but You also promise the hope that awaits those who endure.  
Grant me the grace to endure every cross in my life, uniting my sufferings with Yours, so that I may one day partake in the glory of eternal life in Heaven.  
Jesus, I trust in You.  
Amen.



(mycatholic.life/saints/saints-of-the-liturgical-year/)

**SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY**



**Tuesday, August 15, 2023**

(Holyday of Obligation)

**Mass Times: Monday, August 14 @ 7PM (Vigil)**

**Tuesday, August 15 @ NOON**

**Adoration of the Blessed Sacrament**

**August 11, 2023 at 11:30 AM**

Followed by 12:00 PM (Noon) Mass.  
Come and spend some time with Jesus!



**Prayer List Updates**

Contact the church office to place the name of a parishioner or their household member on the prayer list. We will leave the name on the list for a period of one month at which time it will be added to the Parish Book of Intentions. Privacy protocols require you to obtain permission before submitting a name other than your own. We encourage you to write all other names of family and friends in our *Parish Book of Intentions* located in the Narthex, which are also included in the prayers during each weekend Mass. Thank you!

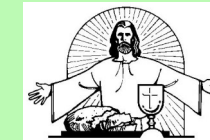
**Considering a call to the priesthood**

If simplicity of life and the evangelical counsels of poverty, chastity and obedience especially attract you, discover that life as a priest. Call the Vocations Office, (804) 359-5661, or write: vocations@richmonddiocese.org.



*"The Lord is king, the Most High over all the earth." (Psalm 97)*

**August 6, 2023  
Feast of the Transfiguration of the Lord**



**Readings for the Week**

**Monday, August 7**  
Nm 11:4b-15; Mt 14:13-21  
**Tuesday, August 8**—St. Dominic  
Nm 12:1-13; Mt 14:22-36  
**Wednesday, August 9**  
Nm 13:1-2, 25—14:1, 26a-29a, 34-35; Mt 15:21-28  
**Thursday, August 10**—St. Lawrence  
2 Cor 9:6-10; Jn 12:24-26  
**Friday, August 11**—St. Clare  
Dt 4:32-40; Mt 16:24-28  
**Saturday, August 12**  
Dt 6:4-13; Mt 17:14-20  
**Sunday, August 13—Nineteenth Sunday in Ordinary Time**  
1 Kgs 19:9a, 11-13a; Rom 9:1-5; Mt 14:22-33



**Daily Mass & Intention Schedule**

Mon.	August 7	No Mass	
Tues.	August 8	Noon	Available
Wed.	August 9	Noon	Available
Thurs.	August 10	Noon	+Jake Devers
Fri.	August 11	Noon	Available
Sat.	August 12	5:00 pm	+Josephine Horvath
Sun.	August 13	9:00 am	Good Shepherd Comm.

Parishioners are invited to remember their loved ones in a special way through prayers. If you would like to have a Mass celebrated in memory of a loved one or a special intention, please contact the parish office. **Stipends may be turned in with the collection or mailed to the office. Checks should be made out to Church of the Good Shepherd. Please write "mass intention" on the memo line of your check. Thank you.**



**Church open for personal prayer:**

Monday—Thursday 10AM to 2PM



Online Giving

**We invite you to check out our**

**On-Line Giving Program.**

Visit our parish website: [www.cgsparish.org](http://www.cgsparish.org)

click on 'Give' then 'On-Line Giving'

**Upcoming Special Collections**  
August 15—Assumption of Mary  
August 20—Barron Dempsey Fund



\*Your donations are needed and appreciated.

The AED is located in the Commons by the fire extinguisher outside the office.



**Parish Life This Week**



**Monday, August 7**

5:00 PM Good Grief!!!

6:30 PM Boy Scouts

**Tuesday, August 8**

7:00 PM K of C Mtg.

**Wednesday, August 9**

6:00 PM Liturgy Ministries

6:00 PM OCIA

7:00 PM Youth Ministry

**Thursday, August 10**

9:00 AM Works of Mary

6:00 PM Pastoral Council

7:00 PM Ministry to the Sick

7:00 PM Choir Practice

**Friday, August 11**

11:30 AM Adoration

**Saturday, August 12**

4:30 PM Rosary

**Sunday, August 13**

8:30 AM Rosary

**Weekly Offering for:**

**July 29 & 30, 2023**

Regular Offering needed weekly: \$ 6,250.00

(The following totals include E-Giving)

**OFFERTORY:**

Regular Offertory \$ 6,278.92

**ADDITIONAL FUNDS COLLECTED:**

Mortgage	\$ 115.00
Haiti	\$ 35.00
Catholic Virginian	\$ 5.00
Altar Flowers	\$ 255.00
Parking Lot Repair	\$ 110.00
Other	\$ 50.00

**Mortgage Balance** \$ 23,895.11

**MASS ATTENDANCE**

Saturday 104

Sunday 154



Thank you for your continued support of the Church of the Good Shepherd!

**Your generosity is greatly appreciated!**